

# NUGGETS OF NEWS



## FROM STAFF COUNCIL

JUNE 2024

### MAY MEETING TOPICS

- Chief Jeffrey Baker talked about the year in review for campus.
- Election Results
- Monthly Business

### MEETING MINUTES

[SIGN UP HERE TO BE INCLUDED IN OUR VIRTUAL MONTHLY MEETING OPTION!](#)

### MONTHLY MEETINGS

**AUGUST 14, 2024**

9:00 AM, IN-PERSON OR ONLINE  
TBD

### SUMMER FUN & S'MORES...

#### GREEK SALAD RECIPE

FOUND ON [DELISH.COM](#)

#### Ingredients:

- 1 Cucumber, thinly sliced into half moons.
- 1/2 Red Onion, thinly sliced
- 1 pint Grape or Cherry Tomatoes, halved
- 1 cup halved Kalamata Olives
- 6 Ounces of Feta Cheese, cut into 1/2 inch cubes or smaller
- 2 Tablespoons of Red Wine Vinegar
- Juice from 1/2 Lemon
- 1 Teaspoon of Dried Oregano
- Kosher Salt
- Freshly Ground Black Pepper
- 1/4 Cup Extra-Virgin Olive Oil



#### Instructions

1. In a large bowl, toss cucumber, onion, tomatoes, and olives. Gently fold in feta.
2. In a small bowl, whisk vinegar, lemon juice, and oregano until combined; season with salt and pepper. Slowly stream in oil, whisking until dressing is smooth and emulsified.
3. Drizzle dressing over salad and toss again to combine.

## STAFF ACCOMPLISHMENTS

### GOLDEN NUGGETS

Congratulations to our Golden Nugget Winners! For a complete list of Golden Nugget winners or for the nomination form, please visit our [website](#).

## EVENTS IN OUR CAMPUS COMMUNITY!

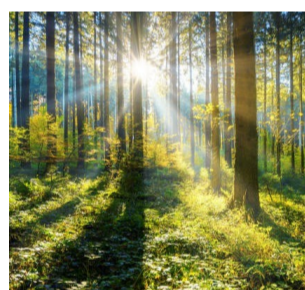
### BOTANICAL GARDENS HOSTING WALKS

The Botanical Gardens would like to invite you to join them on their Nature Therapy Walk and the Gratitude in the Garden Walk.

The Nature Therapy Walks are on the first Saturday of the month from 9 am –12 pm. Join us for a relaxing stroll through the forest at Van Landingham Glen. Through a series of invitations, you will have an opportunity to focus on being present in the moment, deepening your connection with nature and community, and enjoying the many gifts nature has to offer.



The Gratitude in the Gardens Walk are on first Sunday of the month from 3 pm—5 pm. Join us for silent, meditative walks through the Van Landingham Glen. These forest strolls will include meditative prompts around the practice of gratitude. Sessions may include meditative art materials as well.



Guests must pre-register to attend the events. For information on how to sign up and the cost of the event, please visit the Botanical Gardens website: <https://gardens.charlotte.edu/events-calendar/>

### SPECIAL OLYMPICS VOLUNTEERS NEEDED

The Special Olympics has a variety of events that they need help with through spring and summer! If you are interested in signing up to help, take a look at their [website!](#)

### MAY TRAVEL POLL RESULTS!

Thank you for responding to our Summer Travel Poll! The results are in!

|                       |                                    |
|-----------------------|------------------------------------|
| Staycation - 13.3%    | The Beach - 13.3%                  |
| The Mountains - 13.3% | Traveling to another Country - 60% |



We have staff traveling the world! Locations shared include:

Costa Rica, Aruba, Mexico, Italy, England, Greece, Turkey, France, Ireland, Spain, Portugal, Morocco, and Bali!

Those that are traveling, we hope you have a wonderful and safe time!

### TIPS FOR STAYING SAFE DURING THE SUMMER FROM [ATRIUM HEALTH](#)

- Wear Sunscreen that has an SPF of 30 or more. Remember to apply it every couple of hours.
- Take breaks from the sun throughout the day.
- Drink water! If you are feeling thirsty, you probably are not drinking enough.
- When going on adventures, make sure you have a First Aid Kit.
- Be water safe.



## THINGS YOU SHOULD KNOW!

### BE NINERREADY

The Office of Emergency Management wants you to Be NinerReady for any situation on campus. Check out their [website](#) for the universities' operational status, weather, to sign up for Niner Alerts, Niner Notices, and how you can be Niner Ready.

### CAMPUS DRY CLEANING SERVICES

As a reminder, staff can use the on-campus dry cleaning service through [49er Laundry](#). Staff can drop off dry cleaning or laundry to one of the laundry lockers and have their cleaned garments returned the next business day.

### UNIVERSITY OMBUDS

Our Ombudsmen, Scott Deyo is doing some great things! If you feel you need some help or someone to talk to, Scott is a great resource! Check out our [Ombuds website](#).

### BOOKSTORE DISCOUNT REMINDER

The Charlotte Bookstore in the union operated by Barnes & Noble offers 20% off all merchandise purchases for fac/staff when they show their university ID at the register. They can take advantage of this discount anytime and stock up on logoed merchandise to show their Niner pride! One day each fall, normally on Reading Day in December, the discount goes up to 30% off—just in time for folks to stock up on their niner gear or even do a little holiday shopping.

### DINING SERVICES FIVE BLOCK FEAST

Staff can purchase 5 meals for \$40 and use them anytime for all-you-can-eat dining at SoVi. In the summer months, we also honor these swipes at the newly renovated Social 704. This provides a great opportunity for staff to get out of the office and enjoy a very reasonably priced meal with their coworkers and friends. (The door rate for the dining halls at lunch is \$12.25, there is 35% savings by purchasing the Five Block Feast.) To learn more about the dining option, please visit the [Auxiliary Services website](#) and click the link under Optional Dining Account.

### PERKS AT WORK

Human Resources has provided a list of "Perks at Work" for the UNC Charlotte Community. To stay up to date with it, you can sign up for [emails](#).

### POLICE & PUBLIC SAFETY BLOG

Curious about what is happening on campus? The [Police blog](#) is a helpful way to stay in the know!

### OFFICE OF ONEIT EVENTS AND COURSES

Did you know that the Office of OneIT offers Google training classes? If you are having trouble with Google Sheets, Slides, are looking to use forms and much more! The Office of OneIT has courses on how to use Google in many different ways. For a complete list of courses and to sign up for one of their classes today, visit their [website!](#)

## STAFF CONCERNS? LET US KNOW!

The Staff Relations Committee reviews staff-related issues and concerns regarding University procedures. UNC Charlotte staff can share their concerns with the committee, which investigates and brings them to the attention of Staff Council officers. To submit a concern, visit our [website](#).