# **NUGGETS OF NEWS**



### FROM STAFF COUNCIL

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# **DECEMBER MEETING ITEMS**

- Diversity and Inclusion hosting a workshop for Bystander Intervention in January
- 49er Gold Rush Run/Walk in February
- Staff Council Bake Off February 13, 2024
- Child Care working group in concert with Faculty Council
- New Staff Council Professional Development Committee open to all staff members
- Staff Council is Seeking Speakers for February and March

# **NOVEMBER MEETING MINUTES**

Check out our previous meetings!

https://staffcouncil.charlotte.edu/meetings-0/

### **MEETING LINK**

https://charlotte-edu.zoom.us/i/91934466453

#### JANUARY SPEAKER PREVIEW

The office of sustainability is coming to speak in January about ways staff can get more involved. Here is their website to know more about them and what they do for our campus community.

 $\underline{\text{https://sustainability.charlotte.edu/get-involved/staff-engagement-programs/}}$ 

### STAFF ACCOMPLISHMENTS

#### JANET B. ROYSTER SCHOLARSHIP WINNER

Congratulations to Natalie Flinchum, the winner of the Janet B. Royster Scholarship Award! Natalie is studying Digital Marketing through the Online MBA (oMBA) programs at UNC Charlotte and plans to graduate in May 2025.

She has a design background with a '22 BFA in Studio Art, Digital Media from UNC Charlotte, and works in marketing as the social media coordinator for UNC Charlotte Business Services through a video internship during her senior year. She is completing the program using her tuition waivers to strengthen her academic foundation in marketing. Natalie applied to the scholarship at the suggestion of her supervisor, Katie Turner because Natalie was partially paying for the fourth course per year out of pocket.



SAVE THE DATE STAFF COUNCIL PRESENTS 49ER GOLD RUSH BAKEOFF

TUESDAY, FEBRUARY 13, 2024 2:00 pm - 4:00 pm

LUCAS ROOM

#### **GOLDEN NUGGETS**

Congratulations to our 11 December Golden Nugget Winners!

- Ja Vanna Pippins FM BES & R
- Ashton Atmore School of Nursing
- Hannah Ramey Office of Registrar
- Julie Dasario Undergraduate Admissions
   Tamrah Eichinger Office of OneIT Financial Systems Support
- Hannah Miles Facilities Management
- Isaiah Griffin School of Nursing
- Ava Torrise School of Social Work
- Madison Wright CHHS Business Office
- Ally Szot Housing and Residence Life

Golden Nugget Nomination Form

# **EVENTS FROM AREA REPS AND OUR COMMUNITY!**

# STAFF COUNCIL BAKE OFF

Staff Council bake Off
Staff Council will be hosting a Bake Off on February 13, 2024 from 2—4 pm in the
Lucas Room, located in the Cone Center. Look for the sign up form after winter break!

# 49ER GOLD RUSH 5K

The run/walk will be on February 3, 2024 starting at 9:30 am. The race is open to everyone. Registration is now open-students, faculty/staff, Alumni, and community members. Proceeds benefit the University Recreation Student Professional Development Fund.

https://urec.charlotte.edu/49er-gold-rush-5k

### MENTAL HEALTH FIRST AID TRAINING

As part of the University's commitment to supporting student wellbeing and cultivating a community of care, Mental Health First Aid (MHFA) training sessions are available for faculty, staff and students. MHFA is a national program that teaches skills around how to respond to someone struggling with distress or suicide ideation.

Throughout the spring, training sessions are taking place both virtually and in-person. To view the schedule as well as find information on how to register visit <u>go.charlotte.edu/suicideprevention</u>.

For questions email Alexis Rice, mental health educator, at arice45@charlotte.edu.

# THINGS YOU SHOULD KNOW!

### POLICE & PUBLIC SAFTEY BLOG

Curious about what is happening on campus? The police blog is a helpful way to stay in the know!

https://police.charlotte.edu/police-log/

# University Ombuds

Our Ombudsmen, Scott Deyo is doing some great things! If you feel you need some help or someone to talk to, Scott is a great resource!

https://ombuds.charlotte.edu/

# HUMAN RESOURCES PERKS AT WORK

Human Resources has provided a list of "Perks at Work" for the UNC Charlotte Community. To stay up to date with it, you can sign up for emails

https://hr.charlotte.edu/benefits/benefits-overview/discounts-and-perks

# HOLIDAY STRESS RELIEF TIPS

If you are feeling some holiday stress, Calm.com had some helpful tips on how to help.

https://www.calm.com/blog/holiday-stress

### STAFF CONCERNS? LET US KNOW!

The Staff Relations Committee reviews issues and concerns regarding University and departmental procedures and practices that affect the work environment and University staff members. Any staff member of the UNC Charlotte campus is welcome to share with the Staff Relations Committee, issues or concerns about staff-related issues. The Staff Relations Committee will investigate and bring to Staff Council officers and Area Representatives the questions, issues, or concerns brought to the committee's attention

UNC CHARLOTTE STAFF COUNCIL
HTTPS://STAFFCOUNCIL.CHARLOTTE.EDU/
STAFFCOUNCIL@UNCC.EDU
NEXT EDITION: JANUARY 2024

CHAIR: AUDRA ESPOSITO
VICE CHAIR: TRACY BEAUREGARD
SECRETARY: JESSICA WALDMAN
TREASURER: LATONYA NEWBILL
COMMUNICATIONS: CARRIE DASILVA